



**Dr.Santosh Vishnu
Bhutekar**

Contact Information:

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Permanent Address:

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Dist- Jalna
Pin- 431209

Personal Data:

DOB :12-08-1986

Sex : Male

Nationality:
Indian.

Category : SC

Marital Status:
Married.

Curriculum Vitae

Objective: -

Seeking opportunity that renders an expression to my talent skills. An Opportunity that enables me to work with nature flair. To work hard with all efficiency and effort in achieving the organization goals.

Academic Record

Post Graduate Diploma in Psychological Counseling (PGDPC)

Dr. Babasaheb Ambedkar Marathwada University, Chhatrapati Sambhajinagar.

Department Of Psychology

Year of passing 2021

Passed with 56.09 % marks.

Grade :- B+

Ph.D. (Doctor of Philosophy) in Psychology.

Dr. Babasaheb Ambedkar Marathwada University, Chhatrapati Sambhajinagar

Title of Ph.D. :- **“Effect Of Vipassana On Emotional State And Social Maturity”**

Under The Guidance :- Dr. Rajesh B. Shirsath

Date of Registration : - 01/08/2015

Date of Award : - 22/10/2018

M.A. (Psychology) Dr. Babasaheb Ambedkar Marathwada University.

Nirmal Krida & Samaj Prabhodhan Trust's Arts, Science College Badnapur, Jalna.

Passed with 61.05% marks.

Year of passing 2012

Grade – First division.

Languages Known:

- English
- Hindi
- Marathi

Hobbies:-

- Reading
- Listening music
- Traveling.

Preferences:

- Teaching
- Research
- Counseling

B.P.Ed.(Bachelor in Phy. Edu.) Dr.Babasaheb Ambedkar Marathwada University.**M.S.S'S.Collage of Physical Education.Jalna.**

- Passed with 60.58 % marks.
- Year of Passing 2015.

Grade – Second division

B.A.(Bachelor in Arts) Dr.Babasaheb Ambedkar Marathwada University.

Godavari Arts Senior Collage. Ambad.

Passed with 62.04 % marks.

Major subject: Psychology, Hindi & Physical Education

Year of Passing 2010.

Grade – First division

H. S. C : M.S.S.College Ambad (Pune Board)

Passed with 65.86 % marks.

Passed In the Year 2006

Done in Arts Stream.

Grade – First Class.

S.S.C.: M.S.S.School. Ambad (Pune Board)

Passed with 55.83 % marks.

Passed In the Year 2003

Grade – second Class.

Research Paper Published Details.

Sr. No .	Title of published Research Paper.	Publication / journals. Name	UGC Listed/ Reputed / Scopus Journal.	First/Co . Author	Impact Factor	ISSN NO. SBIN NO.	Dated
1)	“ क्रिडा व व्यायाम यात सहभागी होणाऱ्या व न होण्याऱ्या व्यक्तींच्या व्यक्तिमत्वामधील फरक ”	Global online Journal. (GOEIJRJ) Volume- 5, ISSUE-4	Peer-Reviewe d Journal	Frist Author	3.541	ISSN : 2278 – 5639	Jan.20 17
2)	“ Effect of Vipassana on Stress	Review Of	UGC	Frist	5.2331	ISSN:224	Dec.2

	and Anxiety among Pregnant Women”	ResearchJournal. Volume-7 ISSUE3	Listed	Author		9-894X	017
3)	“ बुद्धिस्ट तत्त्वज्ञान आणि विवेकाधिष्ठीत भावनिक वर्तन उपचार पद्धती ”	Shodhani Research Journal	Not Listed	Frist Author	No Impact Factor	ISSN:227 5-0807	Feb 2018
4)	“A study of Aggression and Mental Health among Regular perform Yoga and not perform yoga college students”	International Innovative Journal Impact Factor (IJIF)Vol-4ISSUE2	UGC Listed	co. Author	4.1976	ISSN: 2454-5503	Feb 2018
5)	“ Effect of Parenting Style on Level of Parenting Frustration Among Adolescence ”	The International Journal of Indian Psychology(IJIP) Vol-6 ISSUE-2	UGC Listed	Frist Author	3.9243	ISSN2348 -5396	June 2018
6)	“ Effect of Anapanasati Technique on Learning and Stress Among Adolescents ”	The International Journal of Indian Psychology(IJIP) Volume 7, Issue1,	UGC Listed	Frist Author	3.9243	ISSN: 2348-5396	Jan 2019
7)	“ Mindfulness Meditation For Reduce Stress and Anxiety in A Sportsman: A Systematic Review ”	Think India (Quarterly Journal)Vol-22, Special Issue-13	UGC Care Listed	Frist Author	4.543	ISSN: 0971-1260	Dec 2019
8)	“Impact of Mobile Phone And Electronic Media on Children”	M.G.Edu.& W Society&Shodhai Research Journal	Not Listed	Frist Author	No.	ISBN NO.978-9387377-08-0	Oct 2019
9)	“Effect of yoga on stress and mental health among college going students”	The International Journal of Indian Psychology(IJIP) Volume 8, Issue 2	UGC Listed	Frist Author	3.9243	ISSN 2348-5396	June 2020
10)	“Conflict Management And Psychological Wellbeing In College Students: A Systematic Review”	Indian Journal of Social Science and Literature Studies. Volume-8 Issu-1	UGC Listed	Frist Author	3.12.	ISSN2455 -0973	1 March 2022
11)	“Communication Problem and Conflicts in Parent Child Relationship”	Indian Journal of Social Science and Literature Studies. Volume-8 Issu-1	UGC Listed	Co Author	3.12.	ISSN2455 -0973	1 March 2022
12)	“To study the self-Actualization among smart phone users”	Indian Journal of Social Science and Literature Studies. Volume-8 Issu-1	UGC Listed	Co Author	3.12.	ISSN2455 -0973	1 March 2022
13)	“Conflict Management Skills at Work place”	Indian Journal of Social Science and Literature Studies. Volume-8 Issu-1	UGC Listed	Co Author	3.12.	ISSN2455 -0973	1 March 2022

14)	“Aggression in women: differences between education and age ”	Indian Journal of Social Science and Literature Studies. Volume-8 Issu-1	UGC Listed	Co Author	3.12.	ISSN2455-0973	1 March 2022
15)	“Conflict Management among students in School”	Indian Journal of Social Science and Literature Studies. Volume-8 Issu-1	UGC Listed	Co Author	3.12.	ISSN2455-0973	1 March 2022
16)	“Effect of Religious attitude on Psychological Well-being among Student ”	Sanshodhak	UGC Care Listed	Singal Author	NA	ISSN No.2394-5990	16 March 2024

Teaching & Counseling Experience:

- **Dr.B.A.M.University’s Model Degree College Ghansawangi, as Assistant Professor (CHB)** from 17-12-2018 to 04-05-2020
- **Dr.B.A.M.University,Department of Psychology, Chh.Sambhajinagar as Assistant Professor (CHB)** 04/01/2021 to 31/08/2021
- **Dr.B.A.M.University Department of Psychology, Chh.Sambhajinagar as Assistant Professor (CHB)** 18/12/2021 to 31/07/2022
- **Jawahar Navodaya Vidyalaya Beed, as Counselor (Contractual)** from 05/08/2022 to 30/04/2023
- **Dr.B.A.M.University Department of Psychology, Chh.Sambhajinagar as Assistant Professor (CHB)** 25/08/2023 to 30/06/2024
- **Dr.B.A.M.University Department of Psychology, Chh.Sambhajinagar as Assistant Professor (Contractual)** 16/08/2024 to Till

Published Book :-

- 1) ‘ **Effect of Vipassana**’ Publish on 10 Augast 2022. ISBN-13:978-7666717947.

Activitiy / Prticipation:

- 1) Participate in workshops on stress management organized by Department of Psychology Dr. Babasaheb Ambedkar Marathwada University, Chhatrapti Sambhajinagar
- 2) Actively work in “Counselling” field, in various schools and college students, in Rural Area for their educational and personal development.
- 3) Participate in “Psychometric Testing program” organized by dept. of Psychology, were conduct in various department in Dr. Babasaheb Ambedkar Marathwada University.
- 4) Actively participate in “Psychology Club” organized by Department of psychology for increase awareness about psychology and mental disorders in general peoples.

Research Activity Record

Details of conference / workshop/Training attended.

Sr. No	Title of / conference/ workshop/ Training.	Level	Place	Period
1)	“युवा मन:स्वास्थ्य: विकास,समस्या आणि उपाय ”	4 th National & 31 th State.	S.P.College Pune	16 th & 17 th Dec. 2016.
2)	“ Stress Management ”	One day worksho	IMA Hall Chh.Sambhajinagar	26 th Feb.2017
3)	“ Psychology beyond Horizon”	International Conference	Jainarayan vyas Un versity Jodhpur (Rajasthan)	30 th Aug to 1 st Sept 2017
4)	“Role of Psychology in Sports”	National Conference	Shahu College Pathri.Chh.Sambhajinagar	28 th Jan.2017
5)	“ Mental Stress & Coping Strategy”	One day workshop	Government college Chh.Sambhajinagar	12 th Sept 2017.
6)	“ EBSCO Database & EBSCO Discovery Service ”	One day Training Program	Dr.B.A.M.U. Chh.Sambhajinagar	18 th Aug 2017
7)	“Physical Challenged kids Early detection and Intervention”	One day workshop	Sant Tukaram Auditorium Chh.Sambhajinagar	16 th Sept 2017
8)	“ Research Report Writing”	One day workshop	Dept.of Psychology, Dr.B.A.M.U.Chh.Sambhajinagar	3 th Oct 2017
9)	“ Emotional Intelligence at Workplace”	One Day National Workshop	Marathwada College Of Edu. Chh.Sambhajinagar	7 th Oct 2017
10)	“ Scientific Writing & Publishing Scholarly Articles ”	One Day Author Workshop	Dept.of Psychology, Dr.B.A.M.U.Chh.Sambhajinagar	7 th Nov 2017
11)	“Behaviour Modification.”	One Day Workshop	Dept.of Psychology, Dr.B.A.M.U.Chh.Sambhajinagar	14 th Dec 2017
12)	“Cognitive Behaviour Therapy.”	One Day Workshop	Dept.of Psychology, Dr.B.A.M.U.Chh.Sambhajinagar	15 th Dec 2017
13)	“Psychometric Testing.”	One Day Workshop	Dept.of Psychology, Dr.B.A.M.U.Chh.Sambhajinagar	16 th Dec 2017
14)	“Rational Emotive Behaviour Therapy.”	National Level Conference	Dept.of Psychology, Dr.B.A.M.U.Chh.Sambhajinagar	3 rd Feb 2018
15)	“ Writing techniques and skills workshop”	Two Days Workshop	Dr.B.A.M.U. Chh.Sambhajinagar	8 th & 9 th Feb 2018

16)	“ Recent Advances in Languages, Literature & Social Science ”	interdisciplinary International Conference	Maulana Azad Research Center Chh.Sambhajinagar	17 th Feb 2018
17)	Value Added Course on Human Skills, Life Skills Communication Skills & Personality Development.	Four Days Workshop	Department of Psychology, Dr.B.A.M.U.Chh.Sambhajinagar	25 th To 28 th March 2018
18)	Workshop on paper Setting	One Day	Department of Psychology, Dr.B.A.M.U.Chh.Sambhajinagar	27 th July 2018
19)	workshop on I.Q. TESTING “WISC IV & BKT”	One Day	Department of Psychology, Dr.B.A.M.U.Chh.Sambhajinagar	11 th Aug 2018
20)	State Level Workshop of Psychologists	One Day	Department of Psychology, Dr.B.A.M.U.Chh.Sambhajinagar	12 th Aug 2018
21)	5 th International & 7 th Indian , Psychological Science Congress, Conference	Three Days	Department of Psychology,Punjab University Chandigarh.	26 th To 28 th October 2018
22)	Understanding And Developing Emotional Intelligence	One Day	Government college of Art & Science Chh.Sambhajinagar	22 th Dec 2018
23)	National Laval Conference of Psychology on Yoga & Stress Management	One Day	Ankushrao Tope College Jalna	19 th Jan 2019
24)	Workshop on Research Methodology	One Day	Dept.of Psychology, Dr.B.A.M.U.Chh.Sambhajinagar	9 th March 2019
25)	National Laval Conference of Psychology on Childhood issues and Challenges	One Day	Dept. of Psychology, Dr.B.A.M.U.Chh.Sambhajinagar	5 th Oct. 2019
26)	National Workshop on Psychological Disorders : Conception And Misconceptions.	One Day	Ankushrao Tope College, Jalna	09 th Oct 2019
27)	Workshop on ADHD	Three Days	Dept. of Psychology, Dr.B.A.M.U.Chh.Sambhajinagar	5 th to 7 th Nov 2019
28)	Workshop on Cognitive Behavioral Therapy	Four Days	Dept. of Psychology, Dr.B.A.M.U.Chh.Sambhajinagar	4 th 7 th Feb 2020
29)	Workshop on ‘Revised Syllabus of M.A. Psychology ’	Two Days	Vivekananad College, Chh.Sambhajinagar	29-30 th Nov 2021
30)	From Conflict to Well-being	Two Days	Vivekananad College, Chh.Sambhajinagar	31March to 01April 2022
31)	National Laval Conference of Psychology on Role of Psychology in Well-Being	One Day	Dept. of Psychology, Dr.B.A.M.U. Chhatrapati Sambhajinagar	16 th March. 2024

Computer Proficiency & Other Courses:

MS - C I T , Diploma in Computer Hardware & Networking.

Stress management relaxation, Emotional intelligence, Lighting tutorials, Mobile development &

Digital strategy. and brand marketing workshop.soft Skills ,Communication Skills.

Other Training

1) **MCED Traning of Computer Hardware & Networking** From 05 -04-2012 To 25 - 04 -2012

2) **Master Trainer Training Program** from Yashda Pune on Dated 10-05-2016 to 12-05-2016 at. Forest Training Institute Jalna.(M.H.)

3) **RUSA Capacity Building Program** For Model Degree Colleges Educators from 01-11-2019 To 07-11-2019 at Gogate Joglekar College Ratnagiri (M.H.)

4) **NLI** (Navodya Leadership Institute,South Goa) Refresher Course For Counsellors. From 05-08- 2024 to 09-08-2024

Awards :

Awarded '**Dr. Babasaheb Ambedkar National Research Fellowship 2016**'

Member:

Member of American psychological association (APA) For 2023-24.

Member of Paper Setting Committee in Dr.Babasaheb Ambedkar Marathwada University.

Competencies & Skills

Quick Learning ability.

Leadership quality and smart working nature.

Team Work.

Good Communication Skills.

Can take effective decisions at short notice.

Declaration

I confirm that the information provided by me is true to the best of my knowledge and belief.

Place : Chh.Sambhajinagar.

Date : 20/09/2024

Signature

Dr. Santosh Vishnu Bhutekar