

**DR. BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY,  
CHHATRAPATI SAMBHAJINAGAR.**



**Circular / Syll. Sec./ UG/ Curri./ NEP Norms/ 2025.**

It is hereby inform to all concerned that, on the recommendation of Board of Deans; the Academic Council at it's Meeting held on 21<sup>st</sup> July, 2025 has been accepted the "Following Subject wise Curriculum of UG level under the faculty of Humanities as per Guidelines of NEP & University Norms" for implemented in the Model College, Ghansawangi.

Sr. No.	Name of the UG Curriculum	Semester
01.	Marathi	Vth & VIth
02.	Hindi	Vth & VIth
03.	English	Vth & VIth
04.	Economics	Vth & VIth
05.	Sociology	Vth & VIth
06.	Psychology	Vth & VIth

**This is effective from the Academic Year 2025-26 and Onwards as per appended herewith.**

All concerned are requested to note the contents of this circular and bring notice to the students, teachers and staff for their information and necessary action.

University campus,  
Chhatrapati Sambhajinagar-431 004.  
Ref. No. Syll. Sec./ UG/Curri./NEP  
Norms/ 2025/ 1417-19

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**Deputy Registrar  
Syllabus Section**

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Date: 01/ 08/ 2025.

**Copy forwarded with necessary action to:-**

- 1] **The Principal, Model College, Ghansawangi, Dist. Jalna.**
- 2] **The Director, University Network & Information Centre, UNIC, with a request to upload this Circular on University Website.**
- 3] **The Director, Board of Examinations & Evaluation,**

Dr. Babasaheb Ambedkar Marathwada University,  
Chhatrapati Sambhajinagar.

**Dr. Babasaheb Ambedkar Marathwada University,  
Aurangabad (M.S.), India**



**Structure and Syllabus for B.A.(Psychology)**  
(Four Years Multidisciplinary Degree Program with Multiple Entry and Exit Option)

**FOUR YEAR BACHELOR OF ARTS(B.A.)**  
**Psychology**  
(For Model College Ghansawangi Dist. Jalna)

**Under the Faculty of  
Humanities**

**Effective from Academic year 2025 - 2026**

**(As per NEP-2020)**

## B.A.Psychology Third Year (Semester V)

### Teaching Scheme

Year/ Semester and Level	Section	Course Code	Course Name	Credits Assigned			Teaching Scheme (Hrs/ week)	
				Theory	Practical	Total	Theory	Practical
Second Year Semester V	Major			03	--	03	03	--
		PSY501T	Psychological Disorders					
		PSY501P	Lab Based on Psychological Disorders	...	02	02	--	04
		PSY502T	Organizational Psychology	03	--	03	03	--
	Supportive	PSY502P	Lab based on Organizational Psychology	---	02	02	---	04
		PSY503T1	Developing the Life Span	02	--	02	02	--
Applied	Minor-5 Select any one course from Basket 1	PSY503T2	Systems and Schools of Psychology	02	--	02	02	--
		PSY503T3	Biological Psychology	02	--	02	02	--
		NB504T1	Psychological Counselling	02	--	02	02	
	Generic Elective Select any one pool of courses offered as a major	PSY504T2	Cultural Psychology	02	--	02	02	
		PSY504T3	Psychology of Gender Identity	02	--	02	02	
	SEC (Choose any one from pool of	PSY503P1	Lab based on Developing the Life Span		04	04		04

		major)											
			PSY503P2	Lab based on Systems and Schools of Psychology			04		04	--		04	
			PSY503P3	Lab based on Biological Psychology			04		04	---		04	
		VSC-5	PSY505T	Psychology of Stress	04		----		04	04		--	
	VEC/Life Skill Curriculum	JOC-1/FP	PSY506P	JOC	04		----		04	04		---	
		VOC-1	PSY507T	VOC	04		----		04	04		---	

**B.A.Psychology Third Year (Semester V)**  
**Evaluation/Examination Scheme**

Year/ Semester and Level	Section	Course Code	Course Name	Credit		Evaluation Method		Total Marks	Max mark	Min Mark
				Theory	Practical	CA	UA			
Semester V	Major	DSC-5	PSY501T	03		20	30	50	50	20
			PSY501P	.....	02	--	50	50	50	20
		DSE-1	Organizational Psychology	03		20	30	50	50	20
			Lab based on Organizational Psychology	-----	02	----	50	50	50	20
			Developing the Life Span Systems and Schools of Psychology	02	---	20	30	50	50	20
	Supportive	Minor-1 Select any one course from Basket	PSY503T1							
			PSY503T2							
			PSY503T3							
		Generic Elective Select any one pool of courses offered as a major	NB504T1	02	---	20	30	50	50	20
			PSY504T2							
			PSY504T3							
			Identity							

Applied	SEC (Choose any one from pool of major)	PSY503P1	Lab based on Developing the Life Span	---	04	---	50	50	50	20
		PSY503P2	Lab based on Systems and Schools of Psychology							
		PSY503P3	Lab based on Biological Psychology							
	VSC-3	PSY505T	Psychology of Stress	04	--	20	30	50	50	20
VEC/Life Skill Curricu m	JOC-1	PSY506P	JOC	04	---	20	30	50	50	20
	VOC	PSY507T	VOC	04	---	20	30	50	50	20
<b>Total Marks</b>										200

## B.A.Psychology Third Year (Semester VI)

### Teaching Scheme

Year/ Semester and Level	Section	Course Code	Course Name	Credits Assigned			Teaching Scheme (Hrs/ week)		
				Theory	Practical	Total	Theory	Practical	
Semester VI				03	--	03	03	--	
	Major	PSY601T	Psychopathology						
		PSY601P	Lab based on Psychopathology	...	02	02	02	--	04
		PSY602T	Organizational Behaviour	03	--	03	03	--	--
		PSY602P	Lab based on Organizational Behaviour	---	02	02	02	---	04
	Supportive	PSY603T1	Developmental Psychology	02	--	02	02	--	--
		PSY603T2	Statistics in Psychology	02		02	02		--
		PSY603T3	Research Methods in Psychology	02	--	02	02	--	--
		IKS-2	PSY604T1	IKS in Psychology	02	--	02	02	
	Applied	SEC-6	PSY603P1	Lab based on Developmental Psychology		04	04		04
(Choose any one from pool of major)		PSY603P2	Lab based on Statistics in Psychology		04	04	--	04	
		PSY603P3	Lab based on Research Methods in Psychology		04	04	---	04	
	VSC-6	PSY605T	Counselling Process	04	---	04	04	--	
VEC/Life Skill	JOC-4	PSY606T	JOC	04	---	04	04	--	





**B.A.Psychology Third Year (Semester VI)  
Evaluation/Examination Scheme**

Year/ Semester and Level	Section	Course Code	Course Name	Credit		Evaluation Method		Total Marks	Max mark	Min Mark
Semester VI				Theory	Practical	CA	UA			
	DSE-7	PSY601T	Psychopathology	03		20	30	50	50	20
		PSY601P	Lab based on Psychopathology	.....	02	--	50	50	50	20
		PSY602T	Organizational Behaviour	03		20	30	50	50	20
	DSE-8	PSY602P	Lab based on Organizational Behaviour	-----	02	---	50	50	50	20
		Minor-2 Select any one course from Basket I	PSY603T1	Developmental Psychology	02	---	20	30	50	50
	PSY603T2		Statistics in Psychology							
	PSY603T3		Research Methods in Psychology							
	IKS-2	PSY604T1	IKS in Psychology	02	---	20	30	50	50	20
		Applied SEC-2 (Choose)	PSY603P1	Lab based on Developmental Psychology	---	04	---	50	50	50

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## **Curriculum of Semester –V**

## B.A.. Psychology Honours (Semester V)

### PSY501T: Psychological Disorders

Paper: DSC  
Contact Hours: 45 (Clock Hours)

Total Credit: 03  
Marks: 30

**UNIT I: MOOD DISORDERS** Unipolar mood disorder: Biological - Psychosocial - Socio- cultural Causal factors, Bipolar disorders: Biological – Psychosocial - Socio- cultural Causal Factors – Treatment, Suicide: causes - prevention

**UNIT II: SCHIZOPHRENIA AND OTHER PSYCHOTIC DISORDERS.** Schizophrenia: Meaning - Clinical features positive symptoms- negative symptoms –Causes – treatment - Subtypes, Other Psychotic Disorders: Causal Factors – Treatment

**UNIT III: PERSONALITY DISORDER** Cluster A disorders: Meaning - types- causes- treatment, Cluster B disorders: Meaningtypes- causes- treatment, Cluster C disorders: Meaning- types- causes- treatment.

**UNIT IV: SUBSTANCE RELATED DISORDERS** Psychoactive drugs: Meaning – types, Concepts: Substance Abuse- Tolerance- DependenceAddiction - withdrawal symptoms. Addiction Disorders: Alcohol Abuse and Dependence - Drug Abuse and Drug Dependence - Causal factors - Treatment.

### REFERENCES

1. Butcher, J.N., Hooley, J.M., Mineka, S., & Dwivedi, C.B. (2017). Abnormal psychology. New Delhi, India: Pearson Publication.
2. Barlow, D. (2017). Abnormal psychology and casebook in abnormal psychology. Belmont, CA: Wadsworth.
3. Comer, R. (2018). Fundamentals of abnormal psychology. New York, NY: Worth Publishers.
4. Davison, G.C., Neale, J.M., & Kring, A. M. (2004). Abnormal psychology. Malden,

MA: John Wiley & Sons Inc.

5. Alloy, L.B., Riskind, J.H., & Manos, M.J. (2005). *Abnormal psychology*. New Delhi,

India: Tata McGraw Hill publishing Co.

6. Cutting, J. (1997) *Principles of Psychopathology*. New York, NY: Oxford University Press.

## **PSY501P : Lab Based on Psychological Disorders**

Paper: Lab Course  
Contact Hours: 30 (Clock Hours)

Total Credit: 02  
Marks: 50

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1. Anxiety Test-Sinha & Sinha
  2. Maudsley Personality Inventory-H.J.Eysenck
  3. State-Trait Anxiety Test (STAT)
  4. Frustration Test- Chavvan & Tiwari
  5. PGI Health Questioner
  6. Emotional Maturity
  7. Locus of Control

## PSY502T: Organizational Psychology

Paper: DSE-1

Total Credit: 03

Contact Hours: 45 (Clock Hours)

Marks: 30

### 1 Organization Behaviour : Historical Context of

#### 1. Social Psychology : A working definition

- Definition of O.B.

- Contribution of Taylor, Fayoll

#### I2. Perspectives for Understanding O.B.

- i. Open System approach

- ii. Human Relations perspective

- iii. Socio-Technical approach

- iv. Developing an O.B. Model Responsive to ideation realities

#### iii. Person in the Organization

- i. Biographical Characteristics

- ii. Personality

- iii. Definations and Measurement concept of skill.

- iv. Self awareness

- v. Major personality attributes affecting O.B.

- vi. Matching Personality and Job

- vii. Personality and Culture

### **Books For Readings**

1. Robins S.P. (2000) Organizational Behaviour Concepts, Controversies and Application, New Delhi Prentice Holl of India.

2. Peters (1994), Compleitive Advantage through people, Unlashing the power of workforce- Baston Havard Business School Brass.

3. Cumming L.L. and Staw B.M. (1999) Research in Organizational Behaviour Care with Jai Press

## **PSY502P : Lab Based on Organizational Psychology**

Paper: Lab Course

Total Credit: 02

Contact Hours: 30 (Clock Hours)

Marks: 50

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1. Vocational Interest record:-S.P.Kulshrestha
2. Leadership Questionnaire
3. Occupational Stress Inventory
4. Job Satisfaction
5. Achievement Motivation
6. Type A/B Behaviour Pattern Scale



## **PSY503T1: Developing the life span**

Paper: Minar

Total Credit: 02

Contact Hours: 30 (Clock Hours)

Marks: 30

### **1) The study of Life Span**

- i) History background of Life Span Studies
- ii) Scope of Life Span
- iii) Objectives of Life Span Development
- iv) Important concept in Life Span Development

### **2) The Start of Life Span**

- i. Role of Heredity
- ii. Important of Pregnancy
- iii. The interaction of Heredity and Environment

### **3) Prenatal Development**

- i) What happens in prenatal stage?
- ii) Threats during the growth of fetus
- iii) Birth and their types

### Source Book :-

1. Berk Laura E (2004) Development through Life-Span, 3<sup>rd</sup> ed., N.D.Pearson.
2. Feldman R.S. (2009), Discovering the Life-Span, London, Person
3. Carol K.Sigelman & Elizabeth Rider (2003), Human Development, Cengage Learning.
4. Dr.R.R.Borude, Medha Kumthekar & Shila Golvikar (2013), Vaikasik Manasshastra-Pune, Vidhyarthi Gurhu Prakashan, Pune.

## **PSY503T2: Systems and School of Psychology**

Paper: Minar

Total Credit: 02

Contact Hours: 30 (Clock Hours)

Marks: 30

### **UNIT I: Birth of Modern Psychology:**

A: Associationism and Structuralism: Associationism of Stimulus- Response; Structuralism (Wundt and Titchener's contribution to structuralism);

B: Functionalism and Psychophysics: Functionalism (William James, Harvey Carr contribution to functionalism); Psycho-physics (Weber and Fechner)

### **UNIT II: Behaviorism and Gestalt Psychology**

A. Behaviorism: Watson and Skinner's contribution.

B. Gestalt Psychology: contribution of Wertheimer, Kohler and Koffka..

### **UNIT III: Psychoanalysis & Psychology in India**

A. Psychoanalysis: Sigmund Freud's Psychoanalysis & Neo-Freudians (Adler, Jung and Horney).

B. Psychology in India: Ancient and Modern Psychology. Yoga and Meditation.

### **References:**

1. Boring., G. E. (2008). History of Experimental psychology. (Volume Two). New Delhi: Cosmo Publications.
2. Chaplin, J. P. & Kravic, T. S. (1979). Systems and Theories of Psychology. 4th Edition. Thomson Learning.
3. Hall, C.S., Lindzey, G., & Campbell, J.B. (2007). Theories of Personality. 4th Ed. Wiley: India

4. Leahey, T. H. (2005). A History of Psychology: Main currents in psychological thought. (6th Ed.). Singapore: Pearson Education. Marx, M. H., & Hillix, W. A. (1988). Systems and Theories in Psychology. McGraw-Hill Inc.
5. Sahakian, W. S. (1981). History of Psychology. John Wiley & Sons Inc.
- Singh, A. K., (1991). The Comprehensive History of Psychology. Motilal Banarsidass Publishers Pvt. Ltd. Delhi.
6. Wolman, B. B. (1979). Contemporary theories and systems in psychology. Delhi: Freeman Book Company. Woodworth, R. S., & Sheehan, M. (1963). Contemporary Schools of Psychology. New York: Ronald Press Co.

## **PSY503T3: Biological Psychology**

Paper: Minar  
Contact Hours: 30 (Clock Hours)

Total Credit: 02  
Marks: 30

### **UNIT I: Introduction**

A. Definition of Biological Psychology; Genetics and behavior; Neuroplasticity; Methods of study. B. States of consciousness: Waking states; Sleep and dreams – functions of sleep, stages, REM & NREM states, theories of dreams; Hypnosis & Meditation; Effects of psycho-active drugs..

### **UNIT II: The Nervous System**

A. Neuroanatomy– Structure and Function of a single cell; Neuron –structure and types. Neurophysiology – Communication within neuron (membrane potential, resting potential, action potential); communication between neurons (synaptic transmission); neurotransmitters – dopamine, serotonin, acetylcholine, norepinephrine and GABA. B. Structure and function of CNS –The Central Nervous System (Brain and Spinal Cord); Peripheral Nervous System (Spinal Nerves, Cranial Nerves, Autonomic Nervous System).

### **UNIT III: Hormones and Emotional Behavior**

A. Main endocrine glands - Hormonal Products and principal effects of hormones. B. Biological mechanisms in Emotions, Learning and Memory:  
(i) Emotions – Autonomic arousal and theories of emotion, brain areas associated with emotions. Emotions as response patterns- Fear, anger and aggression

(ii) Learning and Memory - Brain areas in memory – hippocampus, basal ganglia.

Retrograde and anterograde amnesia, Korsakoff's psychosis, Alzheimer's disease.

#### REFERENCES

1. Carlson, N. R. (2004). Foundations of Physiological Psychology. 6th Edition. Allyn & Bacon.
2. Kalat, J. W. (2007). Biological Psychology. 9th Edition. Brooks/Cole Publishers.
- Leukel, F. (2005). Introduction to Physiological Psychology. 3rd Edition. CBS Publisher.
3. Leventhal, C. F. (1996). Introduction to Physiological Psychology. 3rd Edition. Prentice-Hall of India Pvt. Ltd, New Delhi.
4. Morgan, C. T. (1965). Physiological Psychology. International Student Edition, McGraw Hill Series.
5. Pinel, J. P. J. (2011). Biopsychology. 6th Edition. India: Pearson.
6. Rosenzweig, M. R., Leiman, A. L. & Breedlove, S. R. (2001). Biological Psychology. 3rd Edition. Sinauer Associates Inc.
7. Schneider, A., & Tarshis, B. (1985). Introduction to Physiological Psychology. 3rd Edition. New York: McGraw Hill.
8. Thompson, R. F. (1975). Introduction to Physiological Psychology. New York: Harper & Row.

## **PSY504T1: Psychological Counselling**

Paper: Generic Elective

Total Credit: 02

Contact Hours: 30 (Clock Hours)

Marks: 30

### **(a) Psychological Counselling**

**Credit 2**

1. Definition of Counseling
2. Differences between guidance and counseling
3. Personal counseling
4. Interpersonal counseling
5. Family counseling
6. Educational counseling
7. Vocational counseling

#### **Source Books :-**

1. Samuel T. Gladding (2009), Counseling (6<sup>th</sup> ed.) Pearson
2. Chandrashekar Deshpande (2010), Samupdeshan-Shastriya Prakriya Va Upayyoujan, Unmesh Prakashan, Pune.

## PSY504T2: Cultural Psychology

Paper: Generic Elective  
Contact Hours: 30 (Clock Hours)

Total Credit: 02  
Marks: 30

### **UNIT I: Introduction**

- A. Definition and nature of Culture; Cultural Dimensions; goals of Cultural Psychology; ethnocentrism & relativism; cultural variations; need for Cross-Cultural psychology
- B. Research methods in Culture; research issues; ethics in cultural research.

### **UNIT II: Social and Emotional Behavior**

- A. Social: Social behavior, language, cognition, sexuality, and morality
- B. Emotional: components of emotions, motivation, personality, mental health, physical health.

### **UNIT III: Cultural Learning & Cultural Narratives**

- A. Enculturation – Agents of enculturation; cultural and biological transmission of development; socialization & parenting styles; cognitive development
- B. Cultural Narratives – prospects of fusion between culture & psychology; social reforms & cultural change, cultural values..

### **REFERENCES:**

- Berry, J.W. Pootinga, Y.H., Segall, M.H., & Dasen, P.R. (1992). Handbook of Cross-Cultural Psychology: Research and Applications. Cambridge University Press: Cambridge.
- Stigler, J.W., Shweder, R.A., & Herdt, G. (1990). Cultural Psychology: Essays On Comparative Human Development. Cambridge University Press: Cambridge.
- Worthy, L.D.; Lavigne, T & Romero, F. (2020). Culture and Psychology. Maricopa Open Digital Press.



## **PSY504T3: Psychology of Gender Identity**

Paper: Generic Elective

Total Credit: 02

Contact Hours: 30 (Clock Hours)

Marks: 30

### **UNIT I:**

A. Introduction: Gender, Gender differences, Gender identity, Gender expression and Gender role; Different types of gender identities; Methods in gender research.

B. Development of gender identity; Factors influencing gender identity (physiological, social and environmental).

### **UNIT II:**

A. Sexual orientation and sexuality; Interpersonal relationships; Psychology & history of LGBTQ+ communities.

B. Gender Equity; Sex differences in health; Work and harassment; Legal issues in gender.

### **UNIT III:**

A. Gender dysphoria; Gender identity disorders; Mental health issues; Common psychological disorders among LGBTQ+ communities.

B. Mental health support systems for LGBTQ+ communities; Methods of support system..

### **REFERENCES:**

Hegelson, VS. Psychology of Gender, 5th Edition, Routledge Publication.

Butcher, JN., Hooley, JM., Mineka.S. & Dwivedi, CB. Abnormal Psychology, 17th Edition;  
Pearson Education Inc.

Bosom, JK., Buckner, CE & Vandellos, JA (2021), Psychology of Sex and Gender, 2nd Edition,

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### **PSY503P1: Lab Based on Developing the life span**

Paper: SEC

Contact Hours: 30 (Clock Hours)

Total Credit: 04

Marks: 50

1. Observing behaviour of children's in different life stages from the point of view Piaget (at least 3 cases)

### **PSY503P2: Lab Based on System and School of Psychology**

Paper: SEC

Contact Hours: 30 (Clock Hours)

Total Credit: 02

Marks: 50

1. Absolute Limen – Difference Limen
2. Muller- Lyer Illusion
3. Reaction time

### **PSY503P3: Lab Based on Biological Psychology**

Paper: SEC

Contact Hours: 30 (Clock Hours)

Total Credit: 02

Marks: 50

1. Quality of sleep
2. Stroop Test
3. Memory Scale

## PSY505T: Psychology of Stress

Paper: VSC  
Contact Hours: 30 (Clock Hours)

Total Credit: 04  
Marks: 30

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### PSYCHOLOGY OF STRESS

Credit 2

#### 1) What is Stress?

- i. Stress and Burnout
- ii. Response based model of stress
- iii. Stimulus based model of stress
- iv. An interactive model of stress
- v. The psychodynamic approach
- vi. Stress tolerance limit
- vii. Burnout

#### 2) Life Events Stress

- i. The concept of life stress
- ii. Variance in life stress
- iii. Life stress and psychosis
- iv. Life stress and hysteria
- v. Life stress and certain disorders
  - (a) Cancer
  - (b) Peptic ulcer
  - (c) Irritable bowel syndrome
  - (d) Diabetes
  - (e) Bronchial Asthma

## SUGGESTED READING

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1. Pestonjee, D.M. (1999), Stress and Coping (2<sup>nd</sup>) New Delhi: Sage Publication.
2. Lazarus, Psychology of stress and health
3. Cartwright, S and Cooper, C.L. (1997): Managing workplace stress, New Delhi:Sage Publication
4. Linda Brannon & Jess Feist (2007), Introduction to Health Psychology, Thomson Wadsworth
5. Dr.Anga Patil (2011), Manage Your Stress, Parchure Prakashan, Mumbai.

# PSY506T: JOC: Computer Networking

Paper:JOC

Contact Hours: 30 (Clock Hours)

Total Credit: 04

Marks: 30

## **Unit I Introduction**

1.1 LAN

1.2 MAN

1.3 WAN

1.4 Topologies

## **Unit II Physical Layer**

2.1 Transmission Media

2.2 Method of Communication.

## **Unit III Medium Access Sublayer**

3.1 Cabling

3.2 Straight through and Cross Over.

3.3 Standard Color Coding – RJ-45, UTP.

3.4 Crimping Tools.

## **Unit IV Network Layer**

4.1 Switches

4.2 Bridge

4.3 Router

4.4 WIFI Router

## **Unit V Internetworking**

5.1 TCP/IP Addressing, MAC Address, Subnet.

5.2 Creating LAN, Set up WAN (Wi-Fi Router).

5.3 ICMP ping Command for Connection Verification.

5.4 Share and Access file/folders over network.

## **Reference Books:**

- Guide to Network by Tamara Dean 6<sup>th</sup> Edition, Cengage Leasnicey, June14, 2012.
- Computer Network, A. Tanenbaum, 5<sup>th</sup> Edition, Tata McGraw Hill Publication.

## PSY507T: VOC: Project Report Writing

Paper: VOC  
Contact Hours: 30 (Clock Hours)

Total Credit: 02  
Marks: 30

### **Unit I Introduction to Project Report Writing**

- 1.1 Meaning and Definition of Project Report.
- 1.2 Steps of Ideal Project Report Writing.
- 1.3 Characteristics and Objectives of Project Report Writing.
- 1.4 Importance of Project Report Writing.

### **Unit II Nature of Project Report Writing**

- 2.1 Selection of Project Title.
- 2.2 Issues and Challenges of Project Report Writing.
- 2.3 Outcomes of Project Report Writing.
- 2.4 Summary of Project Report.

### **Unit III Basic of Project Report Writing**

- 3.1 Types of Project Report.
- 3.2 Duration of Project Report and Financial Support.
- 3.3 Format of Micro and Macro Project Report Writing.
- 3.4 Skills and Management of Project Writing.

### **Unit IV Components of Project Report Writing**

- 4.1 Specification.
- 4.2 Use the various techniques.
- 4.3 Collection of Data and Facts.
- 4.4 Readability.

### **Unit V Government Funding**

- 5.1 Introduction to Central and State Government Funding Institutions.
- 5.2 UGC
- 5.3 ICSSR
- 5.4 RUSA
- 5.5 Other Funding Institutions.

### **Reference Books:**

- Garg R. K., Handbook on Project Reports, Bharat Law House, Delhi, 2017.
- Kalpesh Ashar, Project Management Essentials, 5<sup>th</sup> Edition, Vibrant Publishers, 2022.

## **Curriculum of Semester –VI**



## **PSY601T: Psychopathology**

Paper: DSC  
Contact Hours: 45 (Clock Hours)

Total Credit: 03  
Marks: 30

### **A (a) PSYCHOPATHOLOGY**

**Credit 3**

#### **1 Somatoform and Dissociative Disorders**

- i. Somatoform Disorder
  - a. Hypochondriasis
  - b. Somatization Disorder
  - c. Panic Disorder
  - d. Conversion Disorder
  - e. Body Dysmorphic Disorder
- ii. Dissociative Disorders
  - a. Depersonalization Disorder
  - b. Dissociative Amnesia and Fugue
  - c. Dissociative Identity Disorder (DID)

Causal Factors in Somatoform and Dissociative Disorders  
Treatment and Outcomes

#### **2 Mood Disorders**

What are Mood disorders?

- i. Unipolar mood disorders
  - a. Depressions that are not mood disorders
  - b. Dysthymic disorder
  - c. Major Depressive disorder

Causal Factors in Unipolar mood disorders

- a. Biological causal factors
- b. Psychosocial causal factors

#### **ii. Bipolar disorders**

- a. Cyclothymic disorders
- b. Bipolar disorders (I and II)

Causal factors in Bipolar disorder

- a. Biological causal factors

- b. Psychosocial causal factors

Treatments and Outcomes

### 3 **Schizophrenia and other Psychotic disorders**

#### i. Schizophrenia

The clinical picture in Schizophrenia

- a. Delusions
- b. Hallucinations
- c. Disorganized Speech
- d. Disorganized and Catatonic Behaviour
- e. Negative Symptoms

#### ii. Subtypes of Schizophrenia

- a. Paranoid Type
- b. Disorganized Type
- c. Catatonic Type
- d. Undifferentiated Type
- e. Residual Type
- f. Other Psychotic disorders

Causal factors in Schizophrenia

- a. Biological factors in Schizophrenia
- b. Psychosocial and Cultural Aspects

Treatment and Clinical Outcome

### **Books for Readings :-**

1. Irwin G. Sarason & Sarason Barbara R. (2008), Abnormal Psychology- The Problem of Maladaptive behaviour (11<sup>th</sup> ed.) Pearson Pub.
2. Carson Rober C. Butcher, James N. and Ineke Susan (1996), Abnormal Psychology and Modern Life New York: Harper Colins.
3. Mansi Rajhans, Angha Patil & Sushil Surve (20014) Abnormal Psychology, Unmesh Prakashan- Pune
4. Introduction to Psychopathology by Lamman
5. Psychopathology by Buss A.H.

## **PSY601P: Lab Based on Psychopathology**

Paper: DSC  
Contact Hours: 45 (Clock Hours)

Total Credit: 03  
Marks: 50

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1. Beck's Depression Inventory
  2. 8SQ
  3. State and Trait Anxiety- C.G.Deshpande
  4. Neuroticism Scale Questionnaire (NSQ)- Scheier & Cattell
  5. Suicidal Ideation Scale
  6. Mental Health

## **PSY602T: Organizational Behaviour**

Paper: DSE

Total Credit: 03

Contact Hours: 45 (Clock Hours)

Marks: 30

### **ORGANIZATIONAL BEHAVIOUR**

**Credit 3**

#### **1. The individual in the organization :**

- i. Concept of Motivation
- ii. Early theories of Motivation
- iii. Need hierarchy theory
- iv. Two factor theories
- v. Skill involved in motivating workers, MBO Behaviour modification
- vi. Employee involvement programs

#### **2. The group and organization :**

- i. Nature, types and stages of group development
- ii. Conditions affecting group functioning
- iii. Organizational structure
- iv. Authority systems
- v. Personnel selections, performance evaluation and reward systems
- vi. Organizational culture and physical setting
- vii. Skills involved in managing groups

#### **3. Communication in organizations :**

- i. Communication model
- ii. Barriers and sources of distortions
- iii. Directions and network of communications
- iv. Communications and decision making
- v. Cross-Cultural communications
- vi. Skill involved in communicating

### **Books for Readings :-**

1. Robins S.P. (2000) Organizational Behaviour concepts, controversies and application, New Delhi Prentice Hall of India.
2. Peters (1994), Complete advantage through people, Unlashing the power of workforce- Boston Harvard Business School Press.
3. Cumming L.L. and Staw B.M. (1999) Research in Organizational Behaviour with Jai Press

## **PSY602P: Lab Based on Organizational Behaviour**

Paper: DSE

Total Credit: 03

Contact Hours: 45 (Clock Hours)

Marks: 50

1. Study of values
2. Formation of spontaneous group- Sociometry
3. Social Distance Scale
4. Social acceptability among peers (TSAAP)- Chopra, S.L.
5. Social competence scale (SCS)- Sharma, V.P., Shukla, P., & Shukla, K.
6. Altruism Scale: S.N.Rai, S.Singh

## PSY603T1: Developmental Psychology

Paper: Minar-1  
Contact Hours: 30 (Clock Hours)

Total Credit: 02  
Marks: 30

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### (B) DEVELOPMENT PSYCHOLOGY

Credit 2

1. Neonatal Stage
  - Adjustment during neonatal stage
  - Characteristics of neonatal stage
2. Infancy
  - Meaning of growth and development
  - Physical growth of infant
  - Motor development of infant
  - Sensory development of infant
  - cognitive development of infant
  - Language development of infant
3. Pre childhood
  - Physical growth of Pre childhood
  - Motor growth of Pre childhood
  - Cognitive development of Pre childhood
  - Social environment during Pre childhood
  - Moral Development & aggression



## Source Book

-Berk Laura E. (2004), Development through the Life-Span, 3<sup>rd</sup> ed.,  
N.D.Pearson.

-Dr.R.R.Borude, Medha Kumthekar & Shila Golvikar (2013), Vaikasik  
Manashastra-Pune Vidhyarthi Gurhu Prakashan, Pune

-Carol K. Sigelman & Elizabeth Rider (2003), Human Development,  
Cengage Learning

## PSY603T2: Statistics in Psychology

Paper: Minar  
Contact Hours: 30 (Clock Hours)

Total Credit: 02  
Marks: 30

### UNIT I: Fundamentals of statistics

A. Definition, Purpose and Relevance of Statistics in Psychological Research. Descriptive and Inferential Statistics. Variables and constants. Levels of measurement;

Probability : Definition, Mathematical Model and Two theorems. Normal distribution

Curve (NPC): Nature, Properties and application of NPC. Area under the normal curve.

Deviation from NPC: Skewness and kurtosis.

B. Descriptive statistics: Measures of central tendency: Characteristics of Mean, Median and

Mode and computation. The Effects of Linear Transformation on Central Tendency

Measures.

Measures of variability: characteristics of Range, Quartile Deviation, Average Deviation

and computation of Standard Deviation. The Effect of Linear Transformation on

Variability Measures; Standard Scores (z-score); Properties of z-scores.

### UNIT II: Inferential Statistics (non-parametric)

A. Nature and Assumptions. Parametric Statistics vs Nonparametric statistics. Uses and

Applications. Choosing appropriate statistical tests. Data transformations- kinds.

B. Chi-Square test of Independence, U-Test, Kruskal- Wallis one-way ANOVA.

Introduction to SPSS.

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### **UNIT III: Correlation and Inferential Statistics (parametric)**

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A. Correlation: History and concepts: Types. Calculation of Pearson's and Spearman coefficient.

B. Hypothesis testing: Steps, Levels of significance, one tailed and two tailed tests of significance, Errors; t-test and One way ANOVA, Computation and assumptions.

### **REFERENCES**

- Aron, A., Aron, E. N., & Coups, E. J. (2007). Statistics for Psychology. (4thEd.). India: Pearson Education, Prentice Hall.
- Cronk, B.C. (2008). How to Use SPSS: A Step-by-Step Guide to Analysis and Interpretation. 5th Edition. Pyrczak Publishing.
- Garrett, H. E. (1985). Statistics in Psychology and Education. Bombay: Vakils, Feffer & Simon Ltd.
- Minium, E. W., King, B. M., & Bear, G. (1993). Statistical Reasoning in Psychology and Education. 3rd Edition. John Wiley & Sons Inc.
- Mangal, S.K. (2012) Statistics in Psychology and Education, 2nd Edition, PHI Learning Pvt Ltd.
- Broota, K. D. (1989). Experimental Design in Behavioral Research, New Age International (P) Ltd, Publishers.

Pallant, J. (2016). SPSS Survival Manual- A step by step guide to data analysis using IBM SPSS. (6th Edition).McGraw Hill Education, England.

Siegal, S. (1994). Non-parametric Statistics for the Behavioral Sciences.McGraw Hill, New Delhi.

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## **PSY603T3: Research Methods in Psychology**

Paper: Minar

Total Credit: 02

Contact Hours: 30 (Clock Hours)

Marks: 30

### **UNIT I: Introduction to Scientific Research/Method**

A. Definition, meaning and characteristics of Scientific Research/Method. Goals/Objectives of Scientific Research/Method. Phases or stages in research. Ethical issues in psychological research.

Reliability and Validity in Research,

B. Methods/Types of psychological research: case study, observation, survey, interviews, experiments – laboratory, field, quasi- experimental, Ex post facto, Document or Content analysis, Ethnographic Studies.

### **UNIT II: Research Designs**

A. Meaning and Purpose of Research Design, Criteria of Research Design. Basic principles of Experimental design. Between and Within Group Designs; Single-Subject Designs, Factorial Designs.

B. Sampling: Meaning and Types of sampling; Need for sampling; Fundamentals of Sampling; Factors influencing decision to sample; Methods of drawing Random Samples; Types of sampling method

### **UNIT III: Variables**

A. Meaning and types of variables; Methods of measuring Dependent variables; Important considerations in Selection of variables; approaches to manipulating independent variables.

B. Techniques of controlling extraneous variables – elimination, Constancy of conditions, Balancing, Counterbalancing, Randomization.

## REFERENCES

- Anastasi, A. S. & Urbina, S. (1999). Psychological Testing, (7th Ed.). MacMillan Co.
- Breakwell, G. M., Hammond, S., & Schaw, C. F. (2000). Research Methods in Psychology. New Delhi: Sage Publications.
- Kerlinger, F. N. (1983). Foundations of Behavioral Research. 2nd Edition. Surjeet Publications, New Delhi.
- Kothari, C. R., & Garg, G. (2022). Research Methodology- Methods and Techniques. Fourth Multi Colour Edition. New Age International Publishers.
- Marczyk, G., DeMatteo, D., & Festinger, D. (2005). Essentials of Research Design and Methodology. John Wiley & Sons, Inc.
- Schweigert, W. A. (2017). Research Methods in Psychology. (3rd Edition) Scientific International Pvt. Ltd.
- Singh, A. K. (2000) Test, Measurement and Research Methods in Behavioral Sciences. Patna: Bharti Bhawan Publishers.

## **PSY606T: Counselling Process**

Paper: VSC

Total Credit: 04

Contact Hours: 30 (Clock Hours)

Marks: 30

### **C(a) COUNSELING PROCESS**

Credit 2

1. Counseling Process
2. Counseling process as tools of Personality Development
3. Rapport between Counselor and Counselee
4. Objectives of counseling
5. Direct counseling process
6. Important factors in Counseling process
7. Counseling self
8. Ethics in Counseling process

#### **Source Books :-**

1. Samuel T. Gladding (2009), Counseling (6<sup>th</sup> ed.) Pearson
2. Chandrashekar Deshpande (2010), Samupdeshan-Shastriya Prakriya Va Upayyoujan, Unmesh Prakashan, Pune.

## PSY607T: JOC: Office Management

Paper: JOC  
Contact Hours: 30 (Clock Hours)

Total Credit: 04  
Marks: 30

### **Unit I Office Management**

- 1.1 Introduction of Office Management.
- 1.2 Meaning and Concept of Office Management.
- 1.3 Importance of Office Management.
- 1.4 Essential factors of Ideal Office Management.

### **Unit II Office Arrangement**

- 2.1 Seating and Machine Arrangement.
- 2.2 Record Management- Meaning and Objectives.
- 2.3 Commercial Correspondence- Meaning and Importance.
- 2.4 Various types of Commercial Correspondence- Sales Letter, Trade Order, Office Memorandum and Reminder.

### **Unit III Supervision in Office**

- 3.1 Meaning and Concept of Supervision.
- 3.2 Rule and Regulation of Supervision.
- 3.3 Importance of Supervision.
- 3.4 Skills and Functions of Supervisor.

### **Unit IV Leadership and Motivation**

- 4.1 Meaning, Concept and Characteristics of Leadership.
- 4.2 Importance of Leadership.
- 4.3 Qualities of a Leader.
- 4.4 Definition, Characteristics and Types of Motivation.

### **Unit V Discipline**

- 5.1 Nature of Office Discipline.
- 5.2 Work Distribution in Office.
- 5.3 Role of Discipline in Office.
- 5.4 Importance and Manner of Office Control.

### **Reference Books:**

- Ankita Bhatiya & Dr. R. K. Chopra, Office Management.
- Dr. P. Rizwan Ahmed, Office Management.
- R. S. N. Pillai, Office Management.
- Ghosh & Agrawal, Office Management, S. Chand & Company, New Delhi.
- Agrawal R. C. & Siyaram Jaiswal, Navyug Sahitya Sadan, Agra, UP.



## PSY608P: Project

Paper: Project

Total Credit: 04

Contact Hours: 30 (Clock Hours)

Marks: 50

### **Project : Guidelines**

- 1) Project should be NOT less than 10000 word
- 2) One copy of the project should be hand-written
- 3) Other 3 copy typed and submit to Collage/ Institute / Department
- 4) Project should be written in International standard with at least or not less than 30 references.